

Weston Bulletin

Weston Public School

School purpose – to create a happy, secure and successful school environment through effective teaching and learning.



A newsletter for the community of Weston Public School

Term 3 - Week 5

Tuesday August 14, 2012

Dear Parents, Carers and Community

Here we are already half-way through what has been a very busy term not only with school activities but also with sickness.

Cold Weather

This term's unpredictable weather has also brought many coughs and colds. Please make sure your child comes each day with a warm jacket/jumper. Children also need to be vigilant in keeping their hands clean to prevent the spread of these coughs and colds.

Special Visitors

On Wednesday, this week the Regional Director Frank Potter, and the School Education Director, Dr David Cullen will be visiting Weston Public School along with other schools in the Kurri Kurri Learning Community.

Mr Potter and Mr Cullen will be visiting us at 1.00pm. We look forward to "showing off" our beautiful school.

Aggressive Behaviour

Unfortunately of late we have had some students and visiting adults with aggressive behaviour both verbal and physical. This behaviour is not acceptable at our school and will incur consequences. Children may be sent home, suspended or removed from the playground. Adults may be asked to leave or have their access to the school prohibited under the Inclosed Land Protection Act, 1901.

Important Dates

August

Wednesday, 15	Books for Babies - 2.30pm in the Library
Wednesday, 15	Regional Director & School Education Director Visit – 1.00pm
Thursday, 23	Cessnock Library Visit 10.00 - 11.30am.

September

Thursday, 6	School Disco
Tuesday, 4	Book Club Orders – last day
Monday, 10	P & C Meeting – 7pm
Wednesday, 12	Yr 6 Transition Day
Wednesday, 19	Year 5/6 Science/English Challenge - 9.30am-2.30pm

School Rules

At Weston Public School we have three (3) School rules – **S** (safety), **K** (kindness), **R** (respect). These three rules are for EVERYONE in our school. Consequences apply for students who refuse to follow our school rules.

Consequences include:

- Parent contact
- Time-out (playground or class)
- Visit with executive
- Planning Room
- Taken home for lunch/recess
- Parents sit in class with student
- Yellow slip
- Work in withdrawal area
- Parents have lunch/recess with child
- Suspension

"Through our gates pass the nicest people"

Bikes, Scooters and Skateboards

Children bringing/riding bikes, scooters or skateboards to school **MUST** wear a helmet. Storage for bikes, scooters and skateboards is at the bike racks or if scooters and skateboards are small enough they can be stored in children's bags.

Thank you for your continued support
Mrs R. Callinan
Relieving Principal

P & C NEWS

P & C Meeting

Our next P & C meeting will be held on Monday September 10, 2012 at 7pm in the staffroom. All welcome! The meetings go for approximately 1 hour, so please come and join us for a cuppa and a chat.

Fathers' Day Stall

We will be holding a Fathers' Day Stall at the end of this month. Information regarding this will go out soon.

Mandy Johnson (P & C Secretary)

Would you like some parenting tips without having to leave your local area – well this may interest you. Cessnock Family Support, together with your school, is able to offer

Three Choices



Three Choices is a three session program (2½ hours per session) that explores how parents can help children manage their behaviour. Parents will learn how to discipline without arguing, yelling or smacking, manage challenging behaviour, encourage good behaviour and how to sort behaviour to be able to choose the best strategies to use at different times, which is the Three Choices!

The program is designed for parents of children aged 2-12 years. Parents receive a workbook to keep and a certificate of attendance at the end of the program.

If you are interested let your **school office** know ASAP. If you want to find out more information about the program, contact Cessnock Family Support on **4990 4507**.

The program is free (with a small charge for the workbook if you can afford it) and is run by a licensed Three Choices practitioner. Dates and times for Term 4 will be arranged if there is interest in the program.



Cessnock Family Support Service

Kurri Kurri

Community Festival



SUNDAY 21ST OCTOBER 2012
10AM – 4PM

Our community is having a festival and we would like to invite you along to have a stall.

We are taking bookings now until 30th September 2012.

Stall area is 3m x 3m for \$20

Please contact Lisa Purkiss

Ph: 02 49364353 or 0400620467 for any information needed and to make a booking

A 'Spencial' August Reward Offer



That's right....when a student orders a Dollarmites moneybox in August they will receive the Spen moneybox free!

Why not take this opportunity to build up their moneybox collection!

For orders placed between 1 August 2012 – 31 August 2012 (inclusive)

When 10 tokens are used to order a Dollarmites moneybox (Pat, Addy, Pru or Cred) the child will receive the Spen moneybox free!

Note: the free moneybox is not provided if the original reward order is for a Spen moneybox.

Simply place an order for the Dollarmites moneybox (not Spen) in **August** and the Spen moneybox will be added to the order automatically.

SBCs do not need to order Spen separately on the order form.

A note will be placed in your order to confirm Spen has been included.

Questions:

School Banking Helpdesk 1800 674 496

Conditions:

- Not available for bulk orders
- Offer not retrospective (i.e. moneybox orders placed prior to or on 1 August will not receive Spen)
- Not available with any other reward item, offer is strictly SPEN moneyboxes only
- Offer commences on 1 August 2012 at 00:01 (AEST) and closes with first orders on 31 August 2012 (AEST)

EDuCARE Carer Support Service Invites:
CARERS, FAMILIES, HEALTH
PROFESSIONALS, SERVICE PROVIDERS,
TEACHERS/ASSISTANTS

To Attend the:

2012 Expo for Carers
 being held to Complement Carers Week

The Expo will provide a variety of Resources & Information to:

- Aid and Support Carers in their caring role
- Provide Professionals with a range of Information to assist them in their roles Supporting Carers
- Provide an Opportunity to Network & Promote Carers Week Activities

Guest Speakers Include:

- 10.00am – 11.00am: **Matthew Elder** – Education & Training Officer – Carers NSW
"How Carers NSW Advocates for Carers on a Policy Level, Person Centred Approaches & the National Disability Insurance Scheme"
- 11.30am – 12.30pm: **Naomi Richards** – Behavioural Consultant & Educator
 Director - Danar Consulting & Maintenance
"Positively Dealing with Negative Behaviours"
- 1.15pm – 2.15pm: **Mandy Harden** – Clinical Nurse Consultant – Aged Care - HNELHD
"Tips to Help a Person with Memory Loss when they Need to go to Hospital"

A Range of Exhibitors including Hunter Health Services, Carers NSW, Legal & Financial Information, Children's Services and Aged Care Services will be available to speak to on the day

EXPO DETAILS:

Date: Thursday 11 October 2012
 Time: 9.30am – 3.30pm
 Venue: Cardiff Panthers, Cnr Pendlebury & Muniung Roads, Cardiff
 Cost: Free - includes Lucky Door Prizes

This is a Collaborative Project between EDuCARE Carer Support Service and our Carer Reference Group

For more Information or to Register Contact
 EDuCARE on: 4921 4895 or 1300 887 776
 or Email: Educare-Admin@hnehealth.nsw.gov.au



Health
 Hunter New England
 Local Health District

**DO YOU PROVIDE CARE & SUPPORT
 TO ANOTHER PERSON?**

You are invited to attend our
FREE Carer Information Workshops
that run each Wednesday over 3 weeks.

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

Where: Club Singleton, 50 Pitt Street SINGLETON
 (Entrance located on William Street)

Time: 10.00am – 2.30pm

Cost: Free — Morning Tea & Light Lunch Provided

When: Wednesday 5th, 12th & 19th September 2012

Program:

Session 1 – Meet with Representatives from Centrelink and a panel of Community Service Organisations - understand how they can assist you in your caring role.

Session 2 – Caring for the Carer/Yourself: Stress Management, Effective and Practical Caring Skills

Session 3 – Legal Issues, Advance Care Planning and Advocacy



For more information or to register contact
 EDuCARE Carer Support Service on:
 4921 4895 or 1300 887 776
 or Email: Educare-admin@hnehealth.nsw.gov.au
 (Please RSVP for catering purposes)

Respite may be available
 by contacting
 Commonwealth Respite &
 Carelink Centre on
 1800 052 222



Health
 Hunter New England
 Local Health District

Be the **best** parent
 you can be



with **Triple P** – Positive Parenting Program®

Triple P is a parenting program for all families that provides practical answers to everyday parenting concerns.

Families NSW is offering **Triple P** to all families with children aged 3-8 years.

Please note that bookings ARE ESSENTIAL so that we can keep course sizes manageable.

To find out more or to book into a course please contact

Cessnock Family Support Service
 49 90 4507

Course: Triple P Parenting Seminars

The power of positive parenting
 Raising confident, competent children
 Raising resilient children

Thursday 06 Sept
 Thursday 13 Sept
 Thursday 20 Sept

Time: 10.00 a.m. to 12.00 p.m.

Where: 5 Hall Street
 Cessnock 2325



familiesnsw
 supporting families to raise children

For more information visit www.families.nsw.gov.au

Kurri Kurri Little Athletics on-line Registrations - lansw.com.

Minimum 3 years — maximum 16 years Age as at midnight 30th September 2012

All manual registrations - 24th & 31st August or 7th September only

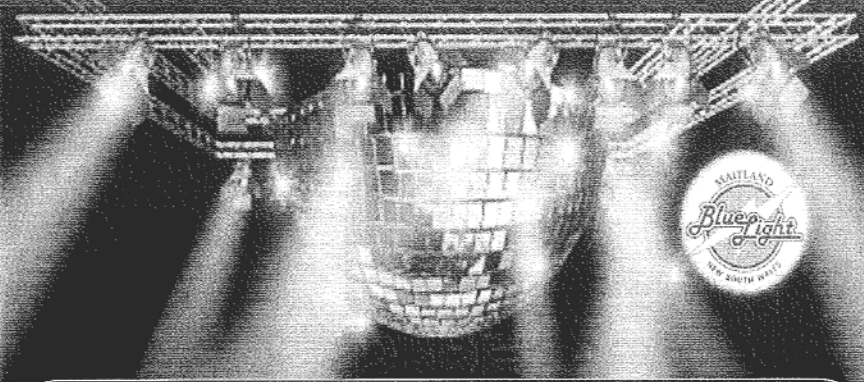
Minimum 3 years — maximum 16 years Age as at midnight 30th September 2012

At Birralee Park, Heddon St, Kurri Kurri - 5.30 pm to 7.00 pm

Information: Lynne/Greg Moore - 49 371621 or Judy/Chris Blanch - 49 380472

2 week trial available to new registrations only. First 2 weeks of season only.

Maitland Bluelight Disco



BE PART OF YOUR NEXT LOCAL BLUE LIGHT EVENT
MAITLAND CITY SPORTS AND RECREATION
CLUB RUTHERFORD
FRIDAY 17th August 2012
TIME : 6.30pm to 9.30pm Cost: \$5.00

13 YEARS & UNDER ONLY
 (children must be accompanied by an adult)
 children must be accompanied by an adult
 parents most welcome to stay

***NO ALCOHOL *NO DRUGS *NO PASSOUTS**
All Blue Lights events are drug & alcohol free and
supervised by local NSW Police.

Go to www.bluelight.com.au for terms & conditions Contact: S/C Steele 04000 47628