

# Weston Public School

Weston Public School

School Purpose - to create a happy, secure and successful school environment through effective teaching and learning.



A newsletter for the community of Weston Public School

Term 1 Week 3

Tuesday February 12, 2013

## Quote for the Week

Life is a combination of success and failure.  
- Both are needed

## Important Dates for Term 1 2013



### FEBRUARY

- Wednesday 13 Leaders and Kindergarten Photos
- Wednesday 13 Canteen will re-open
- Monday 18 Swimming Carnival
- Tuesday 19 Book Club (last day for orders)
- Wednesday 20 Meet the Teacher - 4-6pm  
(Please fill in slip for catering)
- Monday 25 Dr Rip's Science of the Surf

### MARCH

- Monday 4 School Photos
- Thursday 14 School Disco
- Tuesday 26 Zone Rugby League Trials
- Wednesday 27 Zone Cross Country
- Friday 29 Good Friday (Public Holiday)

***\*\*No sun safe hat play under the covered areas\*\****

the spread and activity of head lice. Please check your children's hair regularly/daily. Nit combs are available at the office to assist with the removal of eggs. Please remember if in the event that your child does get head lice that all clothing, bed linen, stuffed animals etc. need to be washed to kill/destroy all eggs. Even though this is time consuming it does help to eradicate the problem.

## New Outdoor Smoking Laws in NSW

From Monday, January 7 2013, smoking has been banned at public playgrounds within 10m of children's play equipment, in open areas of public swimming pools, at major sports grounds and facilities, and within 4m of any building open to the public. It is also banned at public transport stops, including bus stops and taxi stands, and at railway and light-rail stations.

This new law will help the 1:10 adults and children in NSW who live with asthma to breathe easier. The toxins from smoking are unhealthy for everyone, but small children are particularly vulnerable. For the health and well-being of others we ask that you please refrain from smoking at the school gates and fence so that people are not walking through the smoke to enter our school and to avoid it drifting into the school buildings.

## Kindergarten Classes

Kindergarten students have been working as a whole group with Miss Brown, Mrs Hansen, Mrs Cheetham and Mrs Brady. After lunch tomorrow (Wednesday, 13<sup>th</sup> February) students will be placed in either KB with Miss Brown or KH with Mrs Hansen. Children will bring home a note to parents to inform them of their class placement. Parents will be able to meet their child's class teacher at the 'Meet the Teacher' Information

## Dear Parents, Carers and Community Members

Here we are third week into the school year and you will see from our Bulletin that there are lots of interesting and exciting activities happening at Weston Public School.

Unfortunately one not so exciting activity is the visit of head lice at our school. Our humid weather conditions of late create the ideal environment for

Session on Wednesday afternoon next week.

### Kindergarten and Leaders Photographs

The photographer from The Advertiser will be here tomorrow (Wednesday) to take photographs of the Kindergarten students and the 2013 School Leaders. The photographs will be taken at 1.45pm.

### Family Law Network in Australia

The Family Law Network Australia has recently launched a website. The website is a free information resource and referral service for family law matters. The website address is [www.familylawmattersaustralia.com.au](http://www.familylawmattersaustralia.com.au) and can be accessed from our website.

### Swimming Carnival

The annual swimming carnival is on **Monday, 18<sup>th</sup> February (next week)** for all children turning 8 years or older this year.

Children have received a separate information/permission note from their class teacher. All notes will need to be returned to class teachers by Friday.



### Dance2bfit

Dance2bfit is a dance program designed to meet the NSW Personal Development Health and Physical Education (PDHPE) syllabus to help students to achieve the required dance outcomes in a fun and exciting manner. The program is presented by visiting friendly and energetic instructors who teach a new dance each week. The cost for each student has been covered through our National Partnership Low SES funding. All students K-6 will participate in the weekly lessons which commence on Thursday of this week. Students participate in stages ie. Early Stage 1(K), Stage 1(Yrs 1/2), Stage 2 (Yrs 3/4) and Stage 3 (Yrs 5/6).



### Dr Rip's Science of the Surf (SOS)

This multiple award winning program will be

presented to children on Monday, 25<sup>th</sup> February (Week 5). Students will learn about SURF SCIENCE (Types of waves, Wave breaking, Rip currents, Beach types) and BEACH SAFETY (How to spot a rip and what to do when caught in one, Dangerous surf and waves, Where to swim safely). There will be a K-2 presentation and a 3-6 presentation. A tear-off slip is at the end of the Bulletin to be completed for your child/ren. Notes and money (\$2.00) needs to be returned to your child's class teacher by Friday, 22<sup>nd</sup> February.

### Meet the Teacher Information Session and Sausage Sizzle

**When:** Wednesday, 20<sup>th</sup> February

**Where:** School Hall and COLA

**Time:** 4.00 - 6.00pm

*Timetable for meeting sessions in hall with class teachers:*

4.00 - KB and KH (commence together then separate into class groups)

4.30 - 1B

4.45 - 1/2C

5.00 - 2/3M

5.15 - 3/4W

5.30 - 4/5F

5.45 - 6F

Free sausage sizzle for all families who attend.

For catering purposes please complete the tear-off slip at the end of the Bulletin to indicate if you will be attending to 'Meet the Teacher' Information Session.

### P&C Meeting

Our first P&C Meeting and the AGM was held last night.

Office Bearers for 2013 are:

**President** - Sharon Bevan

**Vice Presidents** - 1. Allyson Peak  
2. Julie Connell

**Secretary** - Mandy Johnson

**Treasurer** - Lean Cummings

**Canteen Buyer** - Julie Connell

**Uniform/Sick Bay Organisation** - Allyson Peak

Congratulations to all new office bearers and the

2012 P&C Executive for their wonderful efforts last year.

*We thank you for your ongoing support of our school.*

*Mrs R. Callinan*

*Acting Principal*

## **P & C NEWS**

### **P & C Meeting**

Our next P & C meeting will be held on Monday, 11th March, in the staffroom at 7pm. All welcome.

### **Canteen News**

The canteen will re-open this week on Wednesday, February 13. Canteen price lists can be obtained from the front office.

*Mandy Johnson*

*P & C Secretary*

### **KURRI KURRI PRE SCHOOL**

#### **You are invited to our BACK TO PRESCHOOL AFTERNOON TEA**

At Kurri Kurri Pre-school

On Thursday 21<sup>st</sup> February 2013

From 3.30pm to 4.30pm

Please RSVP to Toni or Di

Or at [kurripreschool@bigpond.com](mailto:kurripreschool@bigpond.com)

Looking forward to seeing you all!

### **KURRI KURRI NETBALL**

Kurri Kurri Netball is offering Discount registrations for season 2013

5-7yrs Free, 8-10 yrs \$20 , 10-17 Yrs \$30 . limited numbers.

Registration dates are : 16th , 23rd 26th Feb 2nd 5th 9th March

Saturdays 9-11am tuesdays 5-6.30pm at Kurri Kurri Netball courts

Please contact Deb 0412 053 923 for more information

### **Meet The Teacher - Sausage Sizzle**

Child or children's class or classes: \_\_\_\_\_

Number of people attending: \_\_\_\_\_

Signed: \_\_\_\_\_ (Parent/Caregiver)

### **'Dr Rip's Science of the Surf (SOS)'**

My child/ren will be attending the 'Science of the surf' presentation on Monday, 25th February.

Child/ren's Name: \_\_\_\_\_

Class/es: \_\_\_\_\_

I am aware that a cost of **\$2.00 per child** is required for my child's involvement in this activity.

Signed: \_\_\_\_\_ (Parent/Caregiver)



## Koe-nara, Schools as Community Centre

Corner of Rawson & Quarrybylong Sts

Cessnock NSW 2325

T: 49909354

M: 0428 263 854

E: Jane.Hodgson@det.nsw.edu.au

## Term 1 Program

Feb to April 2013

# Happiness Project



### Group Sessions

The Happiness Project will run across 2013 with a wide variety of activities for you to participate in.

Keep an eye on our Facebook page for updates and challenge, as well as groups at Koe-nara.

**Feb 15: 10 to 12 come along and find out about a happiness journal**  
**March 15: 10 to 12 Create a dream board**

**Limited child care is available, bookings essential**

## Let's Play!

### FREE Parenting Course

This will be a 'hands on' course for families & their children not yet at school.

Most activities will be alternatives to expensive toys  
Lot's of creative, cheap & cheerful ideas will be shared

Venue: Koe-nara  
Time: Tuesdays for 10 weeks  
10 am to 11.30 am  
Starting April 24—June 26

## Baby & Me

Just for babies under 18 months and their dad, mum or grandparent

Each Wednesday of term from

1 to 2.30

At Koe-nara

## Baby Clothing Exchange

Please remember to explore the baskets for your baby's size—just use the items while you need them, then bring them back and swap for the next size!

Easy!

## Playworks!

**Playworks** is a meeting place & supported playgroup where parents & caregivers of young children can come together to share their experiences & support one another

**Playworks** is fun for kids.

**Venues**  
**Mondays**  
Koe-nara  
10 to 12

**Thursdays**  
**Cessnock East Public School**  
**With Lyn for Music**  
9.30 to 11.30



# Fruit & Veg Co-operative



Basket—\$30 each  
Free Range Eggs \$3.20 a dozen

Available fortnightly

Payments due on Fridays  
commencing on 1.2.2013 with

baskets ready for pick up around 2pm on 4.2.2013  
Call in for more details

Please supply your own basket as you pay

## THE READING BUG

Each Thursday of term as part of our Playgroup @ East Cessnock Public, the Reading Bug program will run –there will be lots of songs, stories, laughter and noise so come & play!!!

East Cessnock School 9.30 to 11.30,  
just go to the admin building and they  
will point you in the right direction



# Go4Fun

Healthy • Active • Happy • Kids



## FREE fun program for kids to become fitter, healthier & happier!

The Go4Fun Program is an established healthy lifestyle program to improve **health, fitness, self esteem and confidence** in children aged 7-13 who are **above** their healthy weight.

### what?

- Fun games, activities and swimming for kids.
- Easy, effective ways to improve your child's self esteem and confidence
- Demonstrations, games and tips on healthy foods, label reading and portion sizes
- A fun supermarket tour and a chance to try delicious new foods!

### where?

Various locations across **Newcastle, Lake Macquarie and Maitland**

### when?

Each program runs over a **10-week school term** with two sessions a week after school. The next program begins in **Term 1, 2013**. A parent or carer must accompany each child to every session.

## Call today to register on 1800 780 900

For more information, contact **Maria** or **Katie** on 4921 4113 or visit [www.mendcentral.org/go4fun](http://www.mendcentral.org/go4fun)

## Head lice

Time from infestation to eggs hatching

Usually 5 to 7 days.

### Symptoms

Itchy scalp, white specks stuck near the base of the hairs, lice may be found on the scalp.

Do I need to keep my child home?

No, as long as headlice management is ongoing.

How can I help prevent spread?

Family, friends and classroom contacts should be examined and managed if infested.

**NSW HEALTH**  
Better Health Good Health Care

[www.health.nsw.gov.au](http://www.health.nsw.gov.au)

Health  
Working as a Team  
The Way Forward

## WESTON JUNIOR



## SOCCER CLUB

### REGISTRATION DAYS FOR THE WINTER SEASON

**6<sup>TH</sup> FEB 3.30PM-5PM**

**9<sup>TH</sup> FEB 9AM-12PM**

**13<sup>TH</sup> FEB 3.30PM-5PM**

**16<sup>TH</sup> FEB 9AM-12PM**

**20<sup>TH</sup> FEB 3.30PM-5PM**

**23<sup>RD</sup> FEB 9AM-12PM**

**27<sup>TH</sup> FEB 3.30-5PM**

### Where?

Varty Park  
Swanson Street, Weston

### Who?

Boys and Girls  
Aged 5 years and up

### How much?

6-7 yrs: \$65  
8-11 yrs: \$75  
12-18 yrs: \$95

All new players welcome (birth certificates required).

Any enquiries please contact Colleen on 0421907536.

Weston Junior Football Club has a proud football history and would love for you to become a part of it.

## Tuning in to Kids



Cessnock Family Support Service

A six session parenting program for parents of children aged 3 years to 10 years  
*Would you like to learn how to:*

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

*Tuning in to Kids shows you how to help your child develop emotional intelligence.  
Children with higher emotional intelligence:*

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

**Where:** Cessnock Family Support Service

5 Hall Street, Cessnock

**When:** Tuesdays 19<sup>th</sup>, 26<sup>th</sup> February,  
5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup> March 2013

10am to 12pm

**Contact:** Cessnock Family Support Service

Phone: 4990 4507

Contact service to register for attendance or further information

Cessnock Family Support Service is funded by NSW Community Services,  
Department of Family and Community Services





## Cessnock Basketball Association

# Eastern Regional Clinic 2013

## February 22 to 24

### Date/Time

### Event

### Other information

Friday  
22/02/13  
7pm to 9.30pm

Regional Administration Meeting

Saturday  
23/02/13  
9am to 12 noon

Constitutions, by laws, financial records, meetings, competitions, committee structures and job descriptions, media. No cost.

Saturday  
23/02/13  
9am to 5pm

Level 1 Coaches course

Saturday  
23/02/13  
9am to 5pm

For all Coaches interested in Coaching. Cost \$80 NSW Country Basketball will pay for the Manuals. Open to all Coaches from 16 years and up

Saturday  
23/02/13  
9am to 5pm

Level 0 Referee Coaches

Sunday  
24/02/13  
9am to 5pm

Player Development Clinic

Sunday  
24/02/13  
9am to 5pm

NO COST

To register please contact, Tim Mallon at [timothy.mallon@det.nsw.edu.au](mailto:timothy.mallon@det.nsw.edu.au)  
Cessnock Civic Indoor Sports Centre Mount View Rd Cessnock NSW 2325  
Email : [cessnock.cobras@bigpond.com](mailto:cessnock.cobras@bigpond.com) or Phone 02 49 911 656



*How the locals like it*



PH: 02 49911656

EMAIL: [cessnock.cobras@bigpond.com](mailto:cessnock.cobras@bigpond.com)

## CESSNOCK BASKETBALL ARE NOW TAKING NOMINATIONS

### FROM TEAMS FOR COMPETITIONS STARTING IN 2013.

NB: COMPETITIONS WILL COMMENCE WEEK BEGINNING 4<sup>th</sup> FEBRUARY. DRAWS HAVE BEEN DONE, HOWEVER, IF NEW TEAMS WISH TO NOMINATE WE CAN INCORPORATE THEM INTO THE DRAW FROM MARCH. UNIFORMS WITH NUMBERS DISPLAYED MUST BE WORN. THE FIRST COMPETITION RUNS FOR THE FIRST 2 TERMS OF SCHOOL, AND THE SECOND FOR TERMS 3 AND 4. SEMIS AND FINALS WILL BE PLAYED AND TROPHIES/MEDALS AWARDED.

**MONDAY NIGHT :** FROM 6PM OPEN MIXED COMP - (EACH TEAM MUST HAVE A MINIMUM OF 2 FEMALES ON THE COURT AT ALL TIMES).

### TUESDAY NIGHT :

FROM 4.20PM - ROOKIES IS A COMPETITION USUALLY FOR CHILDREN UP TO YEAR 4 WHO WISH TO PROGRESS FROM THE "LEARN TO PLAY" STAGE. THE BACKBOARDS REMAIN LOWERED.

FROM 5.00PM - SUPER 12'S COMP (CAN BE MIXED - NO REQUIREMENTS)

### WEDNESDAY NIGHT :

4.15 - 5.00PM - LEARN TO PLAY IS FOR THE LITTLES WHO WANT TO COME ALONG AND HAVE FUN AND LEARN BASKETBALL SKILLS FROM SOME OF OUR MORE SENIOR PLAYERS. THE BACKBOARDS ARE LOWERED FOR THIS LEVEL.

FROM 5.10PM - HIGH SCHOOL COMP (CAN BE MIXED - NO REQUIREMENTS)

4.00 - 4.45PM - WE NOW OFFER A PROGRAM FOR CHILDREN WITH SPECIAL NEEDS

MOST COMPETITIONS WILL HAVE AT LEAST 2 DIVISIONS (DEPENDENT ON NUMBERS).

(NB Times may vary depending on the number of teams in each competition. Draws may change during the competition if new teams wish to come into the competition).

### MEMBERSHIP / GAME COSTS:

LEARN TO PLAY : \$40 PER TERM. PRICE INCLUDES 12 MONTH MEMBERSHIP (NORMALLY \$55), STARTER PACK (BALL AND DRINK BOTTLE - ONE TIME OFFER) OR \$5 PER WEEK (NO STARTER PACK IF YOU PAY THIS WAY).

ROOKIES COMPETITION : \$55 MEMBERSHIP PER YEAR (USUALLY CHILDREN IN YEARS 3 & 4 AT SCHOOL) PLUS A GAME FEE OF \$6 PER PLAYER PER WEEK.

SUPER 12'S COMPETITION : \$70 MEMBERSHIP PER YEAR OPEN TO ANY CHILD UP TO THE AGE OF 12 YEARS. PLUS A GAME FEE OF \$7 PER PLAYER PER WEEK.

HIGH SCHOOL COMPETITION : \$70 MEMBERSHIP PER YEAR. PLUS A GAME FEE OF \$8 PER PLAYER PER WEEK.

ADULT : \$85 MEMBERSHIP PER YEAR PLUS A GAME FEE OF \$10 PER PLAYER PER WEEK.

SPECIAL NEEDS PROGRAM : \$5 PER WEEK

THESE TIMES AND COSTS ARE SUBJECT TO CHANGE

NB: HIGH SCHOOL CHILDREN ARE WELCOME TO PLAY IN THE MONDAY NIGHT MIXED COMP AS WELL AS THE HIGH SCHOOL COMP. PRIMARY SCHOOL CHILDREN ARE WELCOME TO PLAY IN DIVISION 2 OF THE HIGH SCHOOL COMPETITION AS WELL AS SUPER 12'S. ONE MEMBERSHIP COVERS ALL COMPETITIONS.



The Principal  
Weston Public School  
Sixth Street  
WESTON NSW 2325

Dear Principal

### **SCHOOL ZONE PATROLS - KEEP YOUR CHILDREN SAFE PARK IN THE RIGHT PLACE**

The 2013 school year has now commenced and parents and teachers are reminded that the rangers will be out in force throughout Cessnock and surrounding LGA areas to ensure all drivers are parked legally in school zones.

Cessnock City Council rangers are reminding all drivers of school children to park safely when transporting their children to and from school.

Council's Ranger Team Leader, Holley Patterson, said it is important for drivers to obey the Australian road rules in school zones. "School zones are an essential part of keeping our children safe when they are entering and leaving school," Mrs Patterson said.

A ranger or authorised officer only has to site a vehicle offence in a school zone to issue a fine to the registered owner of the offending vehicle.

The below offences apply for drivers illegally parked in school zones:

<b>School Zone Offences</b>	<b>Fine</b>	<b>Demerit Points</b>
Stop on/near Pedestrian Crossing – School Zone	\$397	2
Stop on/near Children's Crossing – School Zone	\$397	2
Stop on/near marked foot crossing - School Zone	\$397	2
Disobey No Stopping Sign – School Zone	\$298	2
Stop on/near Bus Stop – School Zone	\$298	2
Disobey no parking sign – School Zone	\$165	2
Stop in Bus Zone – School Zone	\$298	2
Double Park – School Zone	\$298	2
Stop on/near marked foot crossing – School Zone	\$397	2
Stop on path/strip in built up area – School Zone	\$165	2
Stop on/across driveway/other access to/from land	\$165	2

Can you please remind all parents in your next school news letter and/ or notice board of the enclosed information at your earliest convenience.

TELEPHONE: (02) 4993 4100, FAX: (02) 4993 2500  
POSTAL ADDRESS: PO BOX 152, CESSNOCK, NSW, 2325 or DX 21502 CESSNOCK  
EMAIL ADDRESS: council@cessnock.nsw.gov.au VISIT US AT: <http://www.cessnock.nsw.gov.au>  
ABN 60 919 148 928