

Weston Public School

Weston Public School

School Purpose - to create a happy, secure and successful school environment through effective teaching and learning.



A newsletter for the community of Weston Public School

Term 1 Week 7

Tuesday March 12, 2013

Quote for the Week

"For every minute you are angry you lose sixty seconds of happiness."

~ Ralph Waldo Emerson ~

Important Dates for Term 1 2013



MARCH

Thursday 14	School Disco - Theme 80's
Tuesday 19	Last day for Book Club Orders
Monday 25	Total Excursion Yrs 3-6
Tuesday 26	Zone Rugby League Trials
Wednesday 27	Zone Cross Country
Tuesday 26	Easter Parade (Date Change)
Thursday 28	CSIRO - Science Show
Friday 29	Good Friday (Public Holiday)

APRIL

Monday 1	Easter Monday (Public Holiday)
Friday 12	Last Day for Term 1

****No sun safe hat play under the covered areas****

Aboriginal Personalised Learning Plans (PLPs)

All Aboriginal students are having their PLPs updated this week. Students will be involved in a 3-way conference with their parent and classroom teacher. Mrs Ross, our School Engagement Coordinator (SEC) has been contacting parents for their conferences with their child's teacher.

Cross Country Trials

Students had a great day for their Cross Country on Friday of last week. Our oval had to be chosen for the course due to local sports grounds being affected by the wet weather conditions of late. Children who have been successful in qualifying for the Zone Cross Country Trials on Wednesday, 27th June have been given an information/permission note from Mrs Fonssbach. Children

Dear Parents, Carers and Community Members

Welcome to Week 7! Our term is quickly moving with Easter only two weeks away. Children will be busily making posters, hats, baskets etc. for our Easter parade that all children participate in. Children are able to make their outfit or item for display at home but they will also have the opportunity to produce Easter items at school.

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SCHOOL DISCO
THURSDAY
MARCH 14
(THIS THURSDAY)

FROM 5.00PM TO 7.00PM
80'S THEME

ONCE AGAIN WE WILL HAVE THE
FAMOUS ANDY AS OUR DJ

GLOW STICKS WILL
BE ON SALE AT THE
DOOR 2 FOR \$1.00 OR
5 FOR \$2.00



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"Through our gates pass the nicest people."

need to have 18 behaviour points or more at the time of the activity to be eligible to attend.

DISCO

Our first Disco for 2013 is on Thursday of this week commencing at 5.00pm and will conclude at 7.00pm. Our Disco is for students of Weston PS **ONLY**. Older siblings are not permitted to attend. Staff and P&C representatives are at the Disco to support students who come without their parents. Students need to have 18 Behaviour points or more as stated in our Student Welfare Policy to attend this privilege activity. Refer to the Disco Advertisement for the theme of the Disco. Shoes need to be worn at all times. The P&C will be operating a canteen on the night selling:

Drinks - \$1.00

Chips - \$1.00

Hot Dogs - \$2.00

We look forward to seeing our wonderful students dance the night away!

School Leaders' Induction

The Induction Ceremony for all school leaders (Captains, Vice-captains, House Captains and Librarians) is on Monday, 18th March in the School Hall. The ceremony will commence at 1.20pm and conclude at 2.00pm (approx.). A delicious afternoon tea will follow the Induction for all school leaders and their family members in the Hall. We hope you are able to join us for this special ceremony where our leaders are inducted into their roles of Responsibility.

Easter Parade

The Easter Parade has had to be changed to Tuesday, 26th March as Zone Cross Country Trials are on the Wednesday. We apologise for any inconvenience as a result of this change.

Stewart House Envelopes

Stewart House envelopes were attached to last week's Bulletin. Please return envelopes to class.

We thank you for your ongoing support of our school.

Mrs R. Callinan - Acting Principal

STEWART HOUSE



Each year 1,800 public school children in need come to Stewart House from many parts of NSW and the ACT. During their stay, children are provided with optometric, dental and medical treatment as well as emotional support. This is balanced with health and educational programs and out of school activities to boost their self-esteem and to promote a healthier lifestyle.

Children in the care of Stewart House attend a specific purpose school onsite for 8 days of their 12-day stay. The NSW Department of Education and Communities provides infrastructure and staffing support for this school. All other costs associated with the children's stay are met from charitable donations.

Stewart House needs your support to ensure we can continue to provide important services to children.

Weston Public School are raising money for Stewart House by selling the Stewart House 'high bounce handballs'. Handballs cost \$3 each. If you wish to make an order please fill in the slip below and return money and notes to the office before Thursday 28th March (Week 9).

Thank you for your support.

Mrs. Cheetham

STEWART HOUSE 'HIGH BOUNCE HANDBALLS'

Student name: _____

Number of handballs _____ (quantity) at a cost of \$3 per ball

Total amount paid : \$ _____



P & C NEWS

P & C Meeting

Our next P & C meeting will be held on Monday, 8th April, in the staffroom at 7pm.
All welcome.

Easter Raffle

If you require more raffle books there are spare books at the office. If you do not wish to buy any of the tickets please return the books back to the office. The draw will take place at the Easter Hat Parade on **Tuesday March 26**.

Donations of Easter Eggs, bunnies etc would be greatly appreciated. These can be dropped off at the office.

Mandy Johnson - P & C Secretary

IMPORTANT NOTICE:

TESTERS HOLLOW IS NOW OPEN!

ALL 164 MAITLAND SERVICES WILL OPERATE AS PER OUR TIMETABLE TO MAITLAND VIA CLIFTEIGH AND GILLIESTON HEIGHTS.

ALL SCHOOL SERVICES TO AND FROM MAITLAND AND THROUGH KURRI WILL OPERATE AS NORMAL (NO DELAYS OR DE TOURS). BUSES WILL RUN THROUGH KURRI AND HEDDON GRETA AS PER USUAL TIMETABLE. SCHOOL SERVICES TO AND FROM GILLIESTON HEIGHTS WILL RESUME MONDAY 11TH MARCH.

If you have any questions regarding the above notice do not hesitate to contact our office.

Phone: 4990 1699



When: Every 2nd
Wednesday

1pm until 2.30pm

Where: Weston Public
School Hall

Who: Families with
children 0-6 years

Shared afternoon tea. Meet other families. Art and craft activities, educational toys, books and games. Have a cuppa and a chat with other parents

Term 1: Wed 20th Feb, Wed 6th March, Wed 20th March, Wed 3rd April

Term 2: Wed 1st May, 15th May, 29th May, Wed 12th June, Wed 26th June

Term 3: Wed 24th July, Wed 7th Aug, Wed 21st Aug, Wed 4th Sept, 18th Sept

Term 4: Wed 16th Oct, Wed 30th Oct, Wed 13th Nov, Wed 27th Nov, Wed 11th Dec

Contact Charmaine 4961 0700

Contact Teineka 4937 4549

Voluntary Contributions

\$20 per Student or \$50 for 3 or more students.
Contributions can be paid in full or at \$5.00 per term at the office.

Ka-ú-ma

Hunter Prelude & Wonai Wareya
invites

1st time Mum's
to participate in an

Aboriginal & Torres Strait Islander Mother & Baby Group

Date: Fortnightly on Mondays (NOT during School Holidays)

Time: 10am-12pm

Venue: The Counselling Room, View St Clinic, Cessnock Hospital

Morning tea provided
BOOKINGS ESSENTIAL

Contact Michelle 0457106680



Hunter Prelude Early Intervention Centre



Health
Hunter New England
Local Health District



Yal-lowa

Women's Group

Aboriginal & Torres Strait Islander Women

Cessnock Local Government Area

For Women of all ages



Come along and join in the fun!

Bring your little ones along as well.

Have a cuppa

Yarn time

Learn a craft

Basic car/home maintenance

Share stories

Peer support

And lots more!

We acknowledge the traditional owners of this land and pay our respects to the Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Aboriginal Australia.



Venue: PCYC

Wollombi Rd, Cessnock

Time: 10am— 12pm

Date: 1st & 3rd Wednesdays
(not in school holidays)

Cost: FREE

For more information:

Wonai Wareya, New Directions

T: 02 4936 3337

M: 0457 106 680

E: Michelle.Earl@hnehealth.nsw.gov.au

We are not affiliated with any religious groups



Are you aged between 8 – 12 years?



Do you help look after your brother or sister, parent, grandparent, other relative or friend who has a disability, mental illness, chronic medical condition, drug and/or alcohol related condition or who is frail aged?

Yes! Then...Come along to EDuCARE's

i-care 6 Week Young Carer Peer Support Group!!

What will I be doing in the Group?

- ▶ Meet New Friends
- ▶ Share Your Experiences with Others
- ▶ Talk about your Feelings
- ▶ Learning to Deal with Problems
- ▶ Talk about your Worries
- ▶ Explore your Strengths
- ▶ Most of all have Fun!!!



When: Each Thursday from 28th March til Thursday 11th April, 2013
Time: 3.45pm - 5.45pm
Where: St James Primary School, Skellatar Stock Route, Muswellbrook
Cost: **FREE!** - Includes all Activities and Afternoon Tea
RSVP: Tuesday 26 March 2013

Limited Places, so Don't Miss Out on this Opportunity!

To Register Contact EDuCARE on: 4921 4895 or
email: educare-admin@hnehealth.nsw.gov.au



EDUCATION IS THE FUTURE OF OUR CHILDREN

The 'Shake A Leg' health promotion program is a joint project with the Aboriginal Health Unit - Hunter New England Local Health District and the Awabakal Aboriginal Medical Service, and has now extended to include three Child Health Networks. The project is a school-based program for both primary and secondary schools; Aboriginal health workers deliver and facilitate the lesson which is delivered to all children with an Aboriginal perspective. The content of the resources is age appropriate and are fun and interactive.

The project was initiated as a result of a joint planning day between the staff of the Aboriginal Health Unit - Greater Newcastle Cluster, HNELHD and the Awabakal AMS in March 2005.

The program utilises existing resources, some of which are Aboriginal specific, while others are mainstream, but delivered in a culturally sensitive way. The program is presented by HNELHD Aboriginal health workers, as well as Aboriginal health staff from the AMS. Other allied health professionals are encouraged to link in with the program dependent on the health topics presented.

The program is delivered in 40-minute sessions, 1 session per week for 6-10 weeks. It is written to meet key content areas of the school curriculum in Physical Education and Personal Development, Health and Welfare.

Some of the key topics covered are nutrition, oral health, otitis media, physical activity, identity and drugs and alcohol.

The 'Shake A Leg' program is not only aimed at improving health and practices of the children, but also the family and community.

If you would like more information about 'Shake A Leg', please feel free to contact:

Aboriginal Health Unit - Hunter New England Local Health District

Shake A Leg Health Promotion Program

Ph: 02 4924 6070

SHAKE A LEG

Education is the future of our children



Stage 1 (years K-2) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Hygiene	Mir Germ
Hearing Health	Breath, Blow, Cough Program
Nutrition	Healthy Jarjums, Good for Kids
Physical Activity	Traditional Indigenous Games

Stage 2 (years 3-4) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Bullying	The SMART Manual
Identity/Self Esteem	CCS Corporation, The SMART Manual
Drugs & Alcohol	The SMART Manual
Physical Activity	Traditional Indigenous Games

Stage 3 (years 5-6) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Drugs and Alcohol	The SMART Manual
Identity	CCS Corporation
Self-Esteem	The SMART Manual
Physical Activity	Traditional Indigenous Games

Stage 4 (years 7-8) & Stage 5 (years 9-10) Topics	
Topics	Resources
Sexual Health	AMS Worker, HNE Worker etc
Drugs and Alcohol	The SMART Manual
Identity	CCS Corporation
Self-Esteem	The SMART Manual
Physical Activity	Traditional Indigenous Games

