

Weston Public School

Weston Public School

School Purpose - to create a happy, secure and successful school environment through effective teaching and learning.



A newsletter for the community of Weston Public School

Term 1 Week 8

Tuesday March 19, 2013

Quote for the Week

The antidote, the solution and the remedy for success is a healthy body, a challenged mind and positive attitude! ~ Ricardo Housham

Important Dates for Term 1 2013



MARCH

- Monday 25** Tocal Excursion Yrs 3-6
Tuesday 26 Zone Rugby League Trials
Wednesday 27 Zone Cross Country
Tuesday 26 Easter Parade
Wednesday 27 Easter Book Club - Last day (Orders for Book Club must be received at the office by the morning.) Thank you.
Thursday 28 CSIRO - Science Show
Thursday 28 Last day for Stewart House Bounce Balls
Friday 29 Good Friday (Public Holiday)

APRIL

- Monday 1** Easter Monday (Public Holiday)
Friday 12 Last Day for Term 1

****No sun safe hat play under the covered areas****

late the students. Congratulations to our newly inducted leaders. We wish you well in your leadership role this year.

Department of Housing Donation

Weston Public School has been successful in receiving a \$500.00 donation from the Department of Housing to support students at Weston Public School. The donation will be used to support the funding of a visiting sporting organisation in Term 3 this year where all children will be involved in weekly sporting activities with visiting instructors. We extend our sincere thanks to the Department of Housing for the donation to our school. THANK YOU!!!

DISCO

Our first Disco was held last Thursday night. Children had a wonderful night being entertained by DJ Andy. Thank you to members of the P&C Association for providing a canteen on the night and to the staff for giving up their own time to come along and supervise the students of Weston PS.

Sleep and Breakfast

Many children are coming to school tired and often irritable each day from not having enough sleep. Primary-aged children need to be having 10-12 hours sleep each night to support daily learning and the functioning of the body. There are also a number of students who are leaving home in the mornings without breakfast because they want to get to school to socialise with their friends. Our wonderful School Learning Support Officers (SLSOs) have been making toast each morning (Mon. - Wed.) and on Thursday and Friday Lyn, Mandy and Nellie volunteer in the Breakfast Club. Children have a better chance at achieving in the

Dear Parents, Carers and Community Members

Week 8 commenced beautifully at Weston PS with the Induction of our 2013 School leaders (Captains, Vice-captains, House Captains and Librarians). All leaders were inducted with family members in attendance to support and congratulate the students.

"Through our gates pass the nicest people."



classroom when their bodies are well-rested and nourished. Where possible we encourage you to ensure children take the time to have breakfast each morning.

Easter Parade

The Easter Parade has had to be changed to Tuesday, 26th March as Zone Cross Country Trials are on the Wednesday. We apologise for any inconvenience as a result of this change. The parade will commence at 12.30pm. All children participate in the parade displaying either home-made or school-made creations or both.

CSIRO Visit

On Thursday, 28th March, we will be privilege to a visit from the CSIRO. The CSIRO will be entertaining the children with a 'Seeing the Light' show. This informative science show has been funded by the P&C Association for all students from Weston PS to attend. We thank the P&C for funding this magnificent show for our students. THANK YOU!!!

New Families

We would like to welcome four new students and their families to our school:-Jayden (K), Seth (Yr 2), Brodie (Yr 4) and Shae (Yr 6). We hope you enjoy your time at Weston School.

We thank you for your ongoing support of our school.

*Mrs R. Callinan
Acting Principal*

Book Club - Easter Clearance

Orders will go home today with the Bulletin. If you wish to order from these brochures please ensure that your child's order and money are back at the office no later **Wednesday March 27 morning**. Thank you.



Leader's Induction Monday March 18

P & C NEWS

P & C Meeting

Our next P & C meeting will be held on Monday, 8th April, in the staffroom at 7pm. All welcome.

IGA Community Benefits Card

Just a reminder that Weston School is involved with the IGA Community Benefits Program. You can pick up a card from IGA and nominate Weston Public School as the beneficiary. All rewards go towards helping our P & C raise money for your children for equipment and resources.



Easter Raffle

If you require more raffle books there are spare books at the office. Please return raffle books to the office by Monday March 25, the draw will take place at the Easter Hat Parade on **Tuesday March 26**.

We Would like to thank everyone for their kind donations of Easter eggs and chocolate, they are greatly appreciated.

*Mandy Johnson
P & C Secretary*

Coles Sporting Gear

The sporting gear from Coles has arrived and is being prepared to be handed out. Thank you all so much for saving your coupons and helping our school. This year we were able to get:

8 Classroom Equipment Sets - each set has an AFL football, 3 skipping ropes, Frisbees, Volleyball, Hula-hoops, Basketball, Soccer ball, Tennis balls, and a Cricket stump with bat.

And for the Sports Shed we got -

- 2 x Soccer ball kits
- 2 x Basketball kits
- T-Ball stand
- 2 x Netball kits
- 3 x Quoit sets
- 6 x Hippity Hoppers
- PVC Ball Kit
- Spyda Ball Pack
- Crawling Tunnel



Zone Swimming Team with Mrs Manderson



STEWART HOUSE 'HIGH BOUNCE HANDBALLS'

Student name: _____

Number of handballs _____ (quantity) at a cost of \$3 per ball

Total amount paid : \$ _____



Dear Parents and Carers of Weston Public School,

Please be advised that I will be working with your child's class this term and possibly into next term as the Release from Face to Face (RFF), replacing Mr J. Miller. I have your child's class for up to two hours, once a week, whilst the classroom teacher is engaged in lesson preparation/planning.

In the K-2 classes I work in the Key Learning Area's (KLA's) of Literacy, Numeracy and PDHPE. In the 3-6 classes I work in the PDHPE strand.

Please do not hesitate to contact me to discuss your child's learning or to introduce yourself.

Warm Regards,
Miss Kylie Pratt



For parents and carers in the Kurri Kurri local area.



Is your child on a waitlist to see a Speech Pathologist, Occupational Therapist, Physiotherapist or Paediatrician? Do you have some concerns about your child's overall development?

Do you have ideas about what should be available in our community to ensure the health and well being of all our children in Kurri?

Then please join us on:

Tuesday 9th April 2013.

From 9.30—11am

At Kurri Kurri Library, Allworth St, Kurri Kurri.

To brainstorm and discuss how families and services can work together to gain timely access to health, education and social networks for young children and their families in our community.

For further information contact Jannelle Gallagher on 49372110 or Email kurripreschool@bigpond.com

RSVP to Hunter Prelude on 49374549 or Email rani.d@hunterprelude.org.au before Thursday 4th April 2013.

Australia's First Coloured Commemorative Coin! LIMITED EDITION

For a \$10 donation the \$2 Poppy Coin will come with a Certificate of Donation

Australia's first commemorative \$2 coin in colour has been unveiled by the RSL and the Royal Australian Mint. A unique Australian legal tender, this ground breaking \$2 coin is simply an outstanding keepsake for every Australian.

The coin depicts the red Flanders Poppy, which is synonymous with Remembrance Day and the sacrifices made by Australians in conflict.

All funds raised go to support our vital RSL programs helping thousands of Veterans' and serving Defence personnel and their families in homes and communities across Australia.



Available from the RSL National Office at Level 3, 65 Constitution Avenue CAMPBELL ACT

Phone orders can also be made through the National Office at 02 6248 7199.

Please note there will be a minimum postal charge of \$5 per coin.

www.rsl.org.au



EDUCATION IS THE FUTURE OF OUR CHILDREN

The 'Shake A Leg' health promotion program is a joint project with the Aboriginal Health Unit - Hunter New England Local Health District and the Awabakal Aboriginal Medical Service, and has now extended to include three Child Health Networks. The project is a school-based program for both primary and secondary schools; Aboriginal health workers deliver and facilitate the lesson which is delivered to all children with an Aboriginal perspective. The content of the resources is age appropriate and are fun and interactive.

The project was initiated as a result of a joint planning day between the staff of the Aboriginal Health Unit - Greater Newcastle Cluster, HNELHD and the Awabakal AMS in March 2005.

The program utilises existing resources, some of which are Aboriginal specific, while others are mainstream, but delivered in a culturally sensitive way. The program is presented by HNELHD Aboriginal health workers, as well as Aboriginal health staff from the AMS. Other allied health professionals are encouraged to link in with the program dependent on the health topics presented.

The program is delivered in 40-minute sessions, 1 session per week for 6-10 weeks. It is written to meet key content areas of the school curriculum in Physical Education and Personal Development, Health and Welfare.

Some of the key topics covered are nutrition, oral health, otitis media, physical activity, identity and drugs and alcohol.

The 'Shake A Leg' program is not only aimed at improving health and practices of the children, but also the family and community.

If you would like more information about 'Shake A Leg', please feel free to contact:

Aboriginal Health Unit - Hunter New England Local Health District

Shake A Leg Health Promotion Program

Ph: 02 4924 6070



Are you aged between 8 – 12 years?



Do you help look after your brother or sister, parent, grandparent, other relative or friend who has a disability, mental illness, chronic medical condition, drug and/or alcohol related condition or who is frail aged?

Yes! Then...Come along to EDuCARE's

i-care 6 Week Young Carer Peer Support Group!!

What will I be doing in the Group?

- ▶ Meet New Friends
- ▶ Share Your Experiences with Others
- ▶ Talk about your Feelings
- ▶ Learning to Deal with Problems
- ▶ Talk about your Worries
- ▶ Explore your Strengths
- ▶ Most of all have Fun!!!



When: Each Thursday from 28th March til Thursday 11th April, 2013
Time: 3.45pm - 5.45pm
Where: St James Primary School, Skellatar Stock Route, Muswellbrook
Cost: FREE! - Includes all Activities and Afternoon Tea
RSVP: Tuesday 26 March 2013

Limited Places, so Don't Miss Out on this Opportunity!

To Register Contact EDuCARE on: 4921 4895 or email: educare-admin@hnehealth.nsw.gov.au



★ **Play 2** ★



Learn

When: Every 2nd Wednesday
1pm until 2.30pm
Where: Weston Public School Hall
Who: Families with children 0-6 years

Shared afternoon tea. Meet other families. Art and craft activities, educational toys, books and games. Have a cuppa and a chat with other parents

Term 1: Wed 20th Feb, Wed 6th March, Wed 20th March, Wed 3rd April
Term 2: Wed 1st May, 15th May, 29th May, Wed 12th June, Wed 26th June
Term 3: Wed 24th July, Wed 7th Aug, Wed 21st Aug, Wed 4th Sept, 18th Sept
Term 4: Wed 16th Oct, Wed 30th Oct, Wed 13th Nov, Wed 27th Nov, Wed 11th Dec

Contact Charmaine 4961 0700

Contact Teineka 4937 4549



SHAKE A LEG

Education is the future of our children

Stage 1 (years K-2) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Hygiene	Mr Germ
Hearing Health	Breath, Blow, Cough Program
Nutrition	Healthy Jarjums, Good for Kids
Physical Activity	Traditional Indigenous Games

Stage 2 (years 3-4) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Bullying	The SMART Manual
Identity/Self Esteem	CCS Corporation, The SMART Manual
Drugs & Alcohol	The SMART Manual
Physical Activity	Traditional Indigenous Games

Stage 3 (years 5-6) Topics	
Topics	Resources
Oral Health	HNE/NSW Health Resources
Drugs and Alcohol	The SMART Manual
Identity	CCS Corporation
Self Esteem	The SMART Manual
Physical Activity	Traditional Indigenous Games

Stage 4 (years 7-8) & Stage 5 (years 9-10) Topics	
Topics	Resources
Sexual Health	AMS Worker, HNE Worker etc
Drugs and Alcohol	The SMART Manual
Identity	CCS Corporation
Self Esteem	The SMART Manual
Physical Activity	Traditional Indigenous Games

