

Weston Public School

Weston Public School

School Purpose - to create a happy, secure and successful school environment through effective teaching and learning.



A newsletter for the community of Weston Public School

Term 2 Week 5

Tuesday May 28, 2013

Quote of the Week

Children will become what you are, so be what you want them to be. ~ David Bly ~

Important Dates for Term 2 2013

MAY

Friday 31 Athletics Carnival—Birrale Park

JUNE

Monday 3 DRUMBEAT Tour Maitland
Community Pre-School

Wednesday 5 Scholastic Book Fair &
Biggest Morning Tea

Friday 7 K-2 Excursion to Oakvale Farm

Friday 7 DRUMBEAT tour

Monday 10 Queen's Birthday—Public Holiday

Tuesday 11 1,2,3, Magic—9.00-11.00am

Thursday 13 School Disco

Thursday 13 Last day for Pie Drive Orders to
be handed in

Monday 17 P & C Meeting—7pm

Tuesday 18 1,2,3 Magic—9.00-11.00am

Friday 21 Pie Drive orders return to school

****No sun safe hat play under the
covered areas****

Voluntary Contributions

\$20 per Student or \$50 for 3 or more students.

Contributions can be paid in full or at \$5.00 per term
at the office.

Dear Parents, Carers and Community Members

We are now officially half-way through Term 2. Teachers are busily writing Semester 1 Reports for students. Reports will go home with students in Week 9.

This week six of our classroom teachers are at

Drumbeat Training on Monday, Tuesday and Wednesday. Students are expected to continue to follow our three School Rules: **S**, **K** and **R** whilst teachers are at this wonderful course.

Students and Staff are in their second week of the Premier's Sporting Challenge. Please support your child/children as they work as a class team to increase their physical activity and improve their health.

GRIP leadership Conference

GRIP Leadership (formerly known as Impact Leadership) is an independent organisation that exists to train and develop leaders with a special focus on school students and the educational sector.

Last Wednesday our school student leaders had the opportunity to attend a GRIP School Leadership Conference at Newcastle Panthers. Students had a wonderful day. Mrs Callinan received a beautiful compliment at Maitland Station congratulating the Leaders on their behaviour whilst waiting for the train. Well done Weston students!

Athletics Carnival

Our Annual Athletics Carnival is on Friday of this week. Students have been given a separate information/permission note. Parent/carer supervision is required for students who have less than 18 points or who display behaviour that is a safety risk to themselves and the safety of others.

Students aged 8yrs or older will travel to carnival by bus at 9.30am. K-2 students come across with their teachers at 11.30am after having lunch at school.

In the event of inclement weather on Friday an announcement will be made on 106.9 NXFM on Friday morning.



"Through our gates pass the nicest people."



Book Fair/Australia's Biggest Morning Tea

On Wednesday of next week (5th June) we will have our Book Fair (Library) and Australia's Biggest Morning Tea (Tiered Learning Room). This year we will hold our Biggest Morning Tea in memory of Mrs Surplice who was sadly taken by Cancer last year. Mrs Surplice was one of our permanent School Learning Support Officers who dedicated her time to helping and supporting many students and families at Weston Public School. She was a wonderful person who is sadly missed.



Head Lice

Please check children's hair on a regular basis as Head Lice is becoming prevalent again. Notes are sent home with classes when school staff are made aware of the little and unwanted "visitors".



Jump Rope for Heart

Jump Rope for Heart activities were postponed last week due to inclement weather. A date is yet to be determined but won't be until Week 7 due to other activities already planned.



Leaders Photographs

The group photographs taken of the School Captains, Vice-Captains, House Captains and Librarians are now available for viewing at the office. Money and envelopes need to be returned to the office by Wednesday, 5th June.

We thank you for your ongoing support of our school.

Mrs R. Callinan
Principal

Scholastic Book Fair

The Scholastic Book Fair is back!

Date: Wednesday, June 5 (Week 6). There will be a colouring competition for each student to complete. One winner from each class will receive a \$10 book fair voucher to be used on Wednesday 5/6/13.

P & C News

P & C Meeting

Our next P & C meeting will be held on Monday, June 17, in the staffroom at 7pm. All welcome.

Pie Drive

Order forms will need to be returned to the office no later than Thursday June 13. Pie orders will be delivered to the school on Friday June 21. Spare order forms are available at the office.

Mandy Johnson - P & C Secretary

Strive

For Autism Inc.

Families Supporting Families Coping with Autism

It is our aim to:

- ★ Support and inform parents and families who are new to the world of Autism
- ★ Provide ongoing support to parents and families
- ★ Sharing strategies and ideas
- ★ Lobby for Autism Services in the Lower Hunter
- ★ Raise funds for Autism Services in the Lower Hunter
- ★ Inform the greater Community about Autism Spectrum Disorder.

Strive Group meets 2nd Tuesday of each month. Excluding school holidays

Where: Koe-nara Building (Cessnock Primary School)
Corner Quarroboalong & Rawson Streets, Cessnock

Time: 6:30 - 8:30pm

Website: www.striveforautism.org.au

Email: info@striveforautism.org.au

What is Otitis Media?

Otitis media means middle ear infection.

Most children in Australia will get ear infections a few times in their childhood.

Most Aboriginal and Torres Strait Islander children will get middle ear infections too, but they often start younger, last longer and come back more often.

An Aboriginal or Torres Strait Islander child in Australia may have ear infections and trouble hearing for almost 3 years of their childhood and school years in total.

A non-Indigenous child will have this problem for 2-3 months, on average.



How children get ear infections.

Runny noses are full of the germs that cause ear infections. The germs travel up into our ears and cause the infection.

Children with runny noses can give the germs to other children and babies when they **cough or sneeze, cuddle or sleep** with them. The germs get on children's **hands** too. Then children touch other children and the germs are shared around.

Germs spread easily, especially if children are **sharing beds**, and if there are more than two people sharing a room.

Smoking near children stops their ears from clearing the germs away properly.

Children who **don't eat enough fresh fruit and vegetables** are more likely to get ear infections because their bodies can't fight off the germs as well.

Help your child hear



If your child has an ear infection, they will not hear well.

Watch to see if they:

- Say "What?" a lot
 - Don't answer you
 - Don't hear sounds that you can hear
 - Get growled at for not doing what they were asked to.
 - Talk to them **face to face**.
- If your child is at school, tell the teacher when they are not hearing well.*

The teacher will understand why your child may not always do what they ask.

Tell the teacher about talking face to face to your child.

Ask the teacher to stand close to your child when telling the class what to do.

If your child does not speak clearly, it can be because they do not hear clearly.

*You can get your child's hearing tested at the local AHS, health service or hospital.
If children are under 3 years they can also come to Australian Hearing (call 131 797).*

What you can do



Children should sleep in **separate beds**, especially when they have coughs and runny noses. Only two children should share a room.

Smoke outside the car or house, especially when there are children around. **Pregnant women** shouldn't smoke.

Make sure you and your children eat plenty of **fresh fruit and vegetables**. **Breast fed babies** fight off germs better.

Take your child to the doctor if their nose is always running, if their ears are runny or smelly, or if they say their ears are sore.

If the doctor gives your child **medicine**, follow the instructions on how to take it.

Go back and see the doctor to **check that their ears are clear**.

If the ear infection goes on for more than 3 months, ask your doctor about seeing an **Ear Nose and Throat Specialist**.



Wash hands after blowing their noses and before eating. Teach children about hand washing.

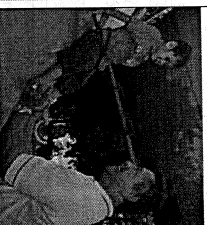
Australian Hearing would like to acknowledge the Durrri Aboriginal Corporation Medical Service ear health program and thank the Kemplsey-area parents and caregivers who gave their consent to use the above three images in this publication.

How Australian Hearing can help

Australian Hearing provides Government subsidised services and the latest digital hearing aids for eligible people. For full details of our eligibility criteria visit www.hearing.com.au or contact your nearest hearing centre on 131 797.

Contact us

Visit our website on www.hearing.com.au or call **131 797** to be connected to your nearest Australian Hearing centre.



Australian Hearing provides the best hearing care, the latest in hearing aid technology and leads the world in hearing research.

Save the date
Monday 3rd June
Unpacking the Australian early
Development Index (AEDI) results for Cess-
nock local government area.

Where – Kurri Public School

Time -3.30-5.30pm

For all Principals, Directors , Nominated
Supervisors, Teachers, Early Childhood Edu-
cators, Speech Pathologists, Occupational
Therapists,
Physio therapists, Council representatives,
Doctors etc...

Please rsvp;-Jannelle Gallagher Kurri
Pre-School 49372110

COME ALONG & JOIN IN THE
FOOTBALL (SOCCER) PROGRAM
FOR PEOPLE WITH SPECIAL
NEEDS

AT
CESSNOCK HORNETS GROUND
ON
MONDAY AFTERNOONS
AT

5.30 P.M. – 6.30 P.M.

Please contact David WORKMAN :
Mobile : 048801590629

FACEBOOK SITE :
HUNTER VALLEY SPECIAL
OLYMPIC'S FOOTBALL CLUB -



FamilyInSight

CALLING PARENTS OF BABIES!

Would you like to find out more about?

Brain development & Play

Language and Early Literacy

Fussy eaters, teething, sleeping & biting

Bonding and Attachment

BABY TALK– A PRACTICAL PARENTING GROUP FOR YOU AND YOUR LITTLE ONE

Location: Weston Public School Hall, Weston

Day: Every second Wednesday

Date: Starting 15th May - 10th July (5 sessions)

Time: 1pm–2.30pm

* For Parents with children

under 18 months—bring your bub *

To find out more please ring Charmaine on 4961 0700

Or Teineka on 4937 4549

FREE child supervision with Play 2 Learn Weston

available for older children under 6 years. **Play 2**



Learn