

Weston Public School

Weston Public School

School Purpose - to create a happy, secure and successful school environment through effective teaching and learning.



Term 1 Week 5

25th February, 2014

PBL Focus of the Week: **Classroom Management**

Important Dates for Term 1 2014

February

Friday 28

Zone Swimming Carnival

March

Monday 3

School Photos

Tuesday 4

Tag Footy-Cessnock Basin

Wednesday 5

Cross Country (8-12yrs)

Thursday 6

Leaders Induction (1.00pm)

Friday 7

'Ship O Fools' -Water Saving

Prog (no cost)

Monday 17

P & C Meeting—7pm



Class Assembly Items

| Week | Class Item |
|------|------------|
| 6 | 3/4C |
| 8 | 2/3B |
| 10 | 2D |

Library Days

| | |
|-----------|--------------|
| Monday | KH 6D |
| Tuesday | K/1B 4/5F |
| Wednesday | 1C 3/4C |
| Thursday | 2D 2/3B |

Dear Parents, Carers and Community Members,



School Photographs

School photographs will be taken on Monday, 3rd March (next week). Students need to bring in their photography envelope on the day with the **correct money** enclosed. Money cannot be paid at Office. Students need to wear their full school uniform on the day (ie. School shirt, black shorts or skorts, white socks and black or white shoes).

Annual School Cross Country Trials



All students turning 8 years or older this year will be involved in the Cross Country Trials on Wednesday, 6th March (next week). Students have received a separate information note. On Friday of this week students will walk to Varty Park to walk the course in preparation for the Cross Country Trials next week. Please contact your child's class teacher if there are circumstances preventing your child's participation or attendance on either days.



Zone Swimming Carnival

The Zone Swimming Carnival is on **Friday of this week (28th February)** at Cessnock Pool. Students who swam qualifying times have received a permission/information note from Miss McMillan. Miss Campbell will be attending the carnival with the students.

It is a departmental regulation that parents/carers are only to take photographs of their own child/children on the day.



Active After School Care (AASC)

Yesterday afternoon was our first AASC session with 21 students actively involving themselves in Athletics activities. The sessions are on each Monday and Wednesday afternoon from 3.30 - 4.30pm. Students receive afternoon tea at the conclusion of each session. Permission notes need to be completed before students are able to participate. Tomorrow afternoon (Wednesday) the AASC session will be Basketball. Students who choose to change for this activity need to ensure that their clothing is sunsafe (ie. NO sleeveless tops). ALL students MUST wear a sunsafe hat when participating.

Quote for the Week

"We can't become what we need to be by remaining what we are."

~ Oprah Winfrey ~

"At WPS staff, students and community are Safe, Respectful and Responsible."

Class Information Sessions

Thank you to all who were able to attend the Class Information Sessions on Tuesday afternoon last week. Special thanks to Mr Withers for his superb cooking of the barbecue sausages and to staff for their valuable input on the afternoon.



Dance 2beFit

Students have been having a wonderful time in their D2BF sessions. Children received a wristband from Kira last week. Students are to keep their bands for home use.



Thank you for your ongoing support of our school.

Mrs R Callinan
Principal

P & C News

Easter Raffle

Easter tickets will go home shortly with the Bulletin. Donations of chocolate eggs, bunnies, baskets etc would be greatly appreciated.

Meeting

Our next P & C meeting will be held on **Monday March 17, 2014**, in the staffroom at 7pm. All are welcome.

Canteen

This term the canteen will be open on **Thursday and Friday of each week**.

Mandy Johnson - P & C Secretary



WESTON JUNIOR



SOCCER CLUB

"have fun, play fair, look after each other"

REGISTRATION INFORMATION 2014

**WHEN: EVERY WEDNESDAY
AFTERNOON 4-5.30PM**

AND

**SATURDAY MORNING 10AM-12PM
IN FEBRUARY**

**WHERE: VARTY PARK: SWANSON ST
WESTON**

**REGISTER ON LINE AT
myfootballclub.com.au**

**Then come to our registration days to
make payment.**

**Need help with registering come see us
and we can help!**

**Need more info please contact Rick on
0478731493 or Colleen on
0421907536.**

PBL Corner

This week we are implementing a new Classroom Management procedure plan. Children are given opportunities to alter or refocus themselves towards positive behaviours to ensure everyone is... 'Ready to Learn'.



**At WPS staff, students and community are
Safe, Respectful and Responsible.**

**Photo: Our wonderful Safe, Respectful and
Responsible students from Week 4.**

WESTON PUBLIC SCHOOL

VISITS TO THE LOCAL AREA

At times, the school undertakes excursions around the local area, which relates to work being undertaken at school. These excursions are a variation to the regular school routine.

Venues in the local area may include:

- ♦ Varty Park (Sporting activities including Cross Country Trials)
- ♦ Weston Community Centre (Weston Youth art Show)
- ♦ Weston Pre-School (Performances and Transition visits)
- ♦ Weston Services (Eg. Shops, Fire Station, Weston RSL Sub-Branch for Remembrance services)

Parents/carers are notified throughout the year as these excursions to the local area arise. A note will be required if there are circumstances preventing your child's participation in these excursions. All students will participate unless a note is returned stating otherwise. Students who display behaviour that is a safety risk to themselves and others may require parent/carer supervision to attend.

Mrs R Callinan

Principal



At WPS staff, students and community are Safe, Respectful and Responsible.



FREE Healthy Lifestyle Program for Local Families

Dear School Principal,

It is with great pleasure that the Go4Fun team announces the following Go4Fun programs in Term 1, 2014:

| VENUE | Days offered | Time | Address |
|-------------|----------------------------------|-------|---|
| Mayfield | MON & THURS (2 sessions/week) | 4-6pm | Mayfield Anglican Church 31A Church St Mayfield NSW 2304 |
| Tenambit | MON & THURS (2 sessions/week) | 4-6pm | Tenambit Public School Edward Street, Tenambit |
| Maryland | TUES & WED (2 sessions/week) | 4-6pm | New Vine Baptist Church 340 Maryland Drive, Maryland (next door to Kindy Patch) |
| Windale | MON (1 session/week) | 4-6pm | Windale PCYC Lake Street, Windale |
| Fassifern | TUES/THURS | 4-6pm | Charlton Christian College 43 Fassifern Rd, Fassifern, NSW 2283 |
| Kurri Kurri | WED (1 session/week) | 4-6pm | Kurri Kurri Public School Lang Street, Kurri Kurri |
| New Lambton | MON & THURS (2 sessions/week) | 4-6pm | St Therese's School Royal Street, New Lambton |

Go4Fun is a **FREE** healthy lifestyle program for families with children aged 7-13 who are above their healthy weight (>85th percentile BMI for age). The Go4Fun program is delivered by physiotherapists, exercise physiologists, dietitians and other qualified health professionals and is offered by Kaleidoscope in partnership with Population Health. Over the 10 week program that runs to the school term, Go4Fun participants can expect to improve their nutrition and physical activity behaviours, reduce sedentary activities, improve fitness, reduce BMI and most of all, improve self-esteem and confidence! Families should be encouraged to attend even if they are unable to commit to every session - they can still expect to see positive results!

For brochures or more information, please call **Program Manager, Maria Roberts** on **0467 762 742** or call Go4Fun on **1800 780 900** to register a child (must be aged 6.5-below 14). A GP referral is not necessary to register. Healthy weight siblings welcome!

"I am really impressed with the effect your program has had on a number of my patients and **their parents** as being above the healthy weight range is often/usually a family issue. I particularly remember a young boy who went through one of your programs and is so proud to be still losing weight and exercising 6 months later..... a definite thumbs up for the program!"

~ Dr Marea Murray, Paediatrician, Kaleidoscope, HNE Local Health District ~

Ringworm

Time from exposure to illness

Varies (may be several days).

Symptoms

Small scaly patch on the skin surrounded by a pink ring.

Do I need to keep my child home?

Yes, until the day after fungal treatment has begun.

How can I help prevent spread?

Careful hand washing.

What's happening in 2/3-Beautiful?



2/3B have settled into classroom routines well. They have happily embraced PBL and are keen to earn "Gotchas" for being Safe, Respectful and Responsible.

We are working hard in the classroom on our Literacy and Numeracy skills. Students have been interested to learn about the origin of our numeration system, have enjoyed the challenge of working out the rules of number patterns as well as modelling 2,3 and 4 digit numbers.

Some recent highlights include participating in our annual Swimming Carnival and Dance 2B Fit classes. Danny Buderus also visited the school to talk about ways to deal with bullying. Some students have joined the Active After School Community Sport program and enjoyed their first Athletics session followed by a yummy fruit platter for afternoon tea.

